



YOUNG AT HEART MEMORY CLUBS

Everyone is welcome to come to our FREE friendly clubs, to share memories, make new friends and enjoy social activities, including gentle exercises, music, Arts and Crafts, baking, bingo, games & quizzes, and much more. Support from dementia professionals is available for people who have memory difficulties, people with dementia, with their Carers, Families and Friends.

Venues and dates in Gloucestershire:

Bourton-on-the-Water: Market Close, GL54 2AR

The 2nd and 4th Wednesday of every month 10.30am - 2.30pm

LUNCH & Carer Respite available - please call for details

Cirencester: Beech Grove Court, Beech Grove, GL7 1BD

The 2nd Friday of every month 10.30am - 12.30pm

Carer Respite available - please call for details

Cheltenham: Wallace House, Windermere Rd, Hatherley, Cheltenham GL51 3PF

The 4th Monday of every month 10.30am - 2.30pm

LUNCH & Carer Respite available - please call for details

Fairford: The Farmor Room, Fairford Community Centre GL7 4AF

3rd Tuesday of every month 12.30pm - 4.30pm

LUNCH & Carer Respite available – please call for details

Lechlade: St Birinus Court, GL7 3BU

The 4th Friday of every month 9.30am-1.30pm

LUNCH & Carer Respite available - please call for details

Moreton in Marsh: Jameson Court, GL56 0EW

The 1st and 3rd Thursday of every month 10.30am-2.30pm

LUNCH & Carer Respite available - please call for details

Stonehouse: Sherbourne House, Sherbourne Close, GL10 2HP

The 4th Thursday of the month 10.30am – 2.30pm

LUNCH & Carer Respite available - please call for details

Tetbury: St Mary's Centre, St Mary's Road, GL8 8BW

The 2nd Thursday of every month 10.30am - 2.30pm

LUNCH & Carer Respite available - please call for details

Winchcombe: Day Centre: Langley Close, Winchcombe, GL54 5QN

The 1st and 3rd Tuesday of every month 10.30am - 12.30pm

Carer Respite available - please call for details

Young At Heart Memory Clubs

Memory Clubs UK C.I.C.

Tel: 07707 787580 or Email: enquiries@memoryclubs.co.uk

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