

Cotswold Dementia Action Week Programme

Come along and join in an exciting range of activities and events.

Bourton on the Water

Monday 21 May

13.15 – 15.00 “Look again” – photography workshop with Ruth Davey at the George Moore Community Centre (Please call Nicky Day on 01285 623405 to book your place).

In this workshop you will use photography to look again at the world around you. The photography side of things is kept simple, low tech and fun. You can use any device you choose, from a mobile phone, tablet or a digital camera. The workshop is suitable for all abilities and levels of photography experience.

15.00 – 16.15 Talk ‘*Gloucestershire Dementia Strategy and Communities*’ with Rachel Peak, from 2gether NHS Foundation Trust at the George Moore Community Centre.

This talk will focus on how we can make our communities more dementia friendly in order to improve the lives of people living with dementia and to reduce social isolation. Small actions within our communities can make a difference. Come and join us to learn more about how we can make a difference together. No booking required.

Tuesday 22 May

12.00 – 15.00 Outdoor event on the Village Green in Bourton on the Water, right next to the river.

Join us for a gentle Health Walk starting on the village green at 12.00. Come along and also enjoy a gentle Thai Chi Session and Art Session for all abilities, Information and Support around Dementia, Twiddle Muffs and “Let’s Talk about Dementia” Board Game)

Friday 25 May

10.30 – 11.30 A Gentle Walk and Talk through “Birdland Park and Gardens”. (Please call Nicky Day on 01285 623405 to book your place). Patients with Dementia need to be accompanied by their carers for support please.

Cirencester

Monday 21 May

10.00 – 12.00 Stitch, Knit & Natter at the Churn Project, 14-16 The Waterloo, Cirencester GL7 2PY
(Please call The Churn Project on 01285 380038 to book your place)

Tuesday 22 May

14.30 – 16.00 Gentle Exercise Session for all abilities at the Churn Project (Please call The Churn Project on 01285 380038 to book your place)

Wednesday 23 May

15.15 – 16.15 Art Session for all abilities (Please call The Churn Project on 01285 380038 to book your place)

Thursday 24 May

10.00 – 11.00 The Corinium Museum offers “An inclusive workshop to look at a range of objects through time, some familiar and others mysterious” (Please call 01285 655611 to book your place) Patients with Dementia need to be accompanied by their carers for support please.

10.00 Gentle Health Walk (Meet at the Churn Project for a cup of tea and set off at 10.30) No booking required.

14.00 – 16.00 Meet the “Men in Sheds” at the Cirencester Fire Station (Please call The Churn Project on 01285 380038 to book on)

14.00 – 15.15 Talk “Gloucestershire Dementia Strategy and Communities” with Rachel Peak, from 2gether NHS Foundation Trust (Please call The Churn Project on 01285 380038 to book a place).

This talk will focus on how we can make our communities more dementia friendly in order to improve the lives of people living with dementia and to reduce social isolation. Small actions within our communities can make a difference. Come and join us to learn more about how we can make a difference together.

Friday 25 May

9.00 – 15.00 Visit us at Cirencester Market where the Churn Project will have a stall with Jennie Gray from the Alzheimer’s Society offering advice & information, Scrubditch Farm, “Making a Mosaic” with Debbie Stirling, Twiddle Muffs and Twiddle Board, Young Neighbours volunteers and the “Let's talk about Dementia” game

Moreton-in-Marsh

Wednesday 23 May

10.00 – 12.00 Dementia Awareness Session at the Moreton Area Centre

During this friendly and interactive Session you will increase your understanding of dementia, and think about the small things that you can do to make a difference to people affected by dementia in your community – all welcome! (Please call Cotswold Friends on 01608 651415 to book your place)

Chipping Campden

Thursday 24 May

16.00 – 19.00 “North Cotswold Community Day – Chipping Campden a dementia friendly town!”

Garden of the Mill House Care Home, 50 Sheep St, Chipping Campden GL55 6DS

We look forward to welcoming you to our lovely community event with lots of activities for all ages, food and drinks, the Chipping Campden Baptist Choir and much more!